

UroGP

UROLOGY IN
GENERAL
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Early Diagnosis and Treatment of Uncomplicated Phimosis by General Practitioners

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Introduction Phimosis

- Ranges from mild (partial retraction) to severe (pinhole phimosis).
- In Australia, ~ 30% of men referred to urology clinics for phimosis review are diagnosed as uncomplicated that have **not** responded to topical steroids
- Often face long wait-times for non-urgent circumcision in public hospitals
- Published clinical research has established the Novoglan Non-Surgical Phimosis Treatment Kit as a viable alternative for all grades of uncomplicated Phimosis.

severe
pinhole

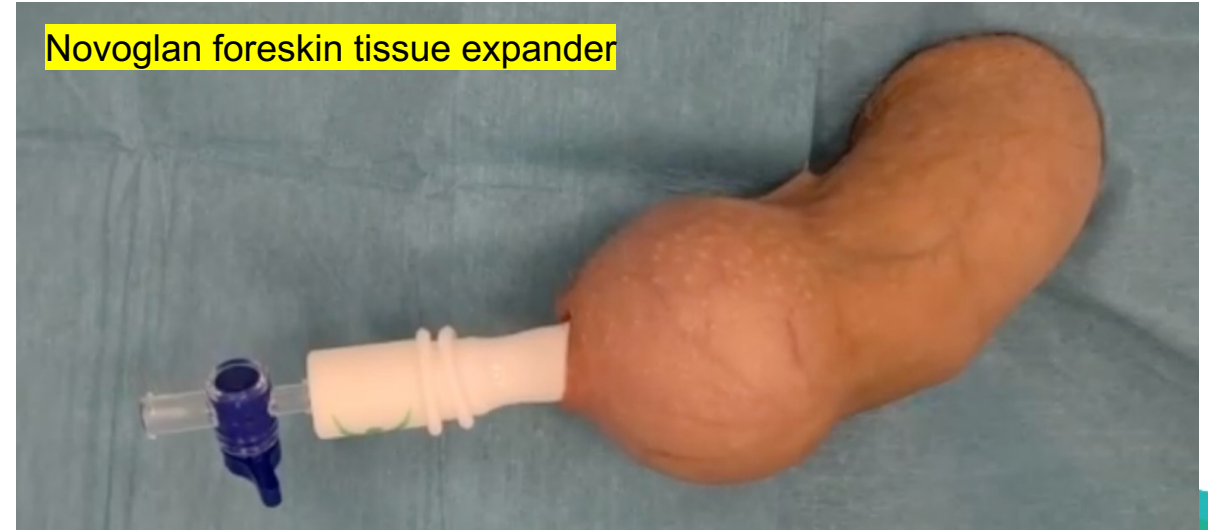
moderate

mild

fully
retractile



Novoglan foreskin tissue expander



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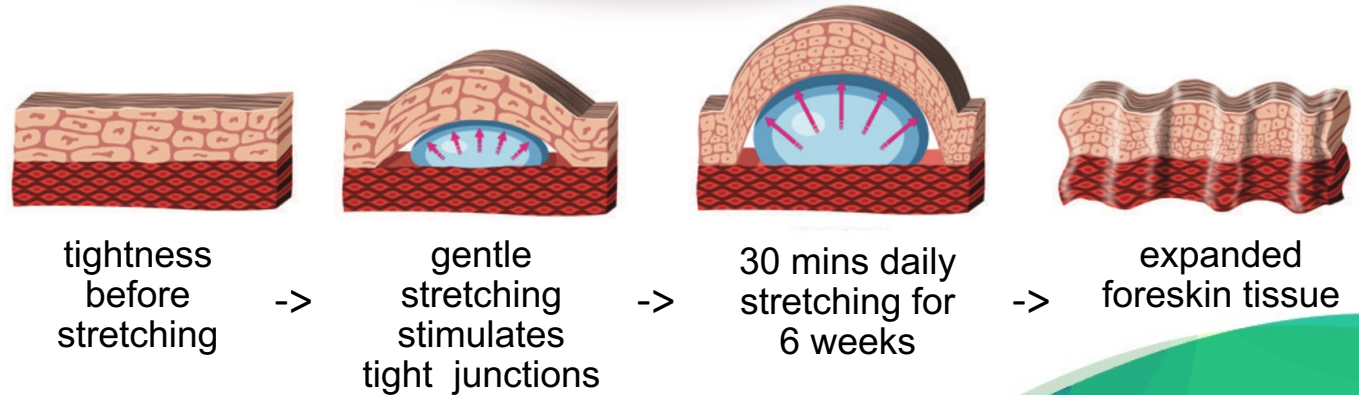


Methodology

- comparative review conducted of:
 - independent multi-site clinical trial with selected patients
 - post-marketing surveillance studies into the Novoglan Non-Surgical foreskin tissue expander medical device
- evaluation of treatment:
 - Efficacy
 - Safety
 - Tolerability QoL



Novoglan foreskin
tissue expander



Results

Post-marketing study:

93.5% reported successful treatment outcomes

91.8% finding the device easy to use

85.3% reported positive impacts on mental wellbeing and sexual health.

12.7 % reported mild to moderate pain on initial use

Clinical trial:

90% of participants showed improvement in foreskin retraction

95% experiencing reduced level of anxiety & over 60% patients reported reduced pain/discomfort during sex

95% satisfaction associated with sex and enhanced mental health post treatment.

15% reported minor side effects that resolved during ongoing treatment

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Conclusion

- The findings supports the reliability of both studies.
- The Novoglan device demonstrates high efficacy and patient satisfaction in treating uncomplicated phimosis, without surgery and with minimal side effects.

At early diagnosis, General Practitioners:

- can offer patients an effective at-home non-surgical first-line treatment option
- may reduce need for circumcision, alleviating pressure on public hospital waiting lists
- should consider the Novoglan device when, upon visual clinical examination, the patient has approximately >80% healthy foreskin tissue, necessary for effective tissue expansion.
- Complications presented as moderate to severe scarring, BXO plaques, or suspicious lesions should be referred to a urologist

